



845 Harrington Court, Burlington ON  
1180 Stone Church Rd, Hamilton ON  
1081 Brevik Place, Mississauga ON

# Sports Specific Training

Sstcanada.com

April, 2009

***“QUIET ALL DOUBTS”***  
***SST's 5<sup>th</sup> Annual Road Hockey Challenge***  
***For Kyle McMillan***

*Sports Specific Training is gearing up for its Annual Charity Road Hockey Challenge! This will be the fifth such event, and we are going to make this one the best yet!!! Will SST Mississauga defend their 2008 championship title??? Or, will the teams coming from SST Hamilton and SST Burlington steal it away? It will be a great battle for Road Hockey Supremacy!!! The date of the Challenge will be:*

***Saturday, July 11th, 2009 at the SST location in Burlington.***

***Face off is 9:00 am.***

***A BBQ will be provided around 12:00 pm.***

***Please come and join us!***

*Kyle McMillan inspired us to make this year's charity, “The Canadian Cancer Society” with all proceeds directed to: “Young Adult Cancer Research”. Kyle loved football & hockey and trained at SST Burlington. In January, 2008 and at 21 years of age, Kyle was diagnosed with an aggressive form of cancer called Rhabdomyosarcoma in his right leg. Kyle battled the cancer with body, mind and soul and the everlasting love and support of family and friends. He kept his spirits high and carried a quote, “Quiet All Doubts” in his wallet. His mother, Deb, along with many of his closest friends tattooed these 3 words on their bodies. It is with great sadness that we lost Kyle to this terrible disease, on November 5<sup>th</sup>, 2008, -- 10 months after his diagnosis. His enduring spirit will always live on at SST!*

*In appreciation of your support to “The Canadian Cancer Society” for “Young Adult Cancer Research”, we are creating a sponsorship link on our website at [www.sstcanada.com](http://www.sstcanada.com) (which gets approximately 160,000 hits per month) for a donation of \$100 or more, your corporate name and logo will appear on our “Online Sponsorship List” for this event. As well, we will create a 24” x 24” sign that will be secured into the grass on metal pegs around the perimeter of the outdoor road hockey arena. The sign will carry your corporate name and/or logo recognizing and thanking all sponsors involved. Your company/organization or private donor will receive an official tax receipt from the Canadian Cancer Society.*

*Representatives from the Canadian Cancer Society will be present and volunteering at our event. They will be supplying the “Canadian Cancer Society Tent, ribbons & balloons”. We will be seeking advertising in the local media along with arena, public school and high school and church signs.*

*It's difficult to find anyone whose life has not been touched by cancer either directly or indirectly. We thank you in advance for a donation to help find a cure and to “Quiet All Doubts” forever!! For more information on Kyle's journey, and the SST Road Hockey Event, please contact us at (905) 632-3558 or [www.sstcanada.com](http://www.sstcanada.com) to make an on-line donation.*

*On behalf of the McMillan Family, SST thanks you for your kindness and generous support!*

*Laura Murray, Office Manager  
SST Canada*

*Larry Jusdanis, President  
SST Canada*

**Burlington 905.632.3558**

**Hamilton 905.575.4348**

**Mississauga 905.624.6240**